



## MONDAY

Lap Swim	5:00am-8:50am	
Aqua Conditioning	9:00am-9:45am	Casse
Lap Swim	10:00am-2:00pm	
Swim Lessons	1:00pm-8:00pm	
Family Swim	2:00pm-8:30pm	

## TUESDAY

Lap Swim	5:00am-2:00pm	
Small Group Training (SGT) (\$) Cardio Splash	9:00am-9:50am	Lecsi
Swim Lesson	1:00pm-8:00pm	
Family Swim	2:00pm-8:30pm	

## WEDNESDAY

Lap Swim	5:00am-8:50am	
Aqua Conditioning	9:00am-9:45am	Casse
Lap Swim	10:00am-2:00pm	
Swim Lessons	3:00pm-8:00pm	
Family Swim	2:00pm-8:30pm	

## THURSDAY

Lap Swim	5:00am-2:00pm	
Small Group Training (SGT) (\$) Cardio Splash	9:00am-9:50am	Lecsi
Swim Lessons	2:00pm-8:00pm	
Family Swim	2:00pm-8:30pm	

## FRIDAY

Lap Swim	5:00am-8:50am	
Aqua Conditioning	9:00am-9:45am	Casse
Lap Swim	10:00am-2:00pm	
Swim Lessons	2:00pm-8:00pm	
Family Swim	2:00pm-8:30pm	

## SATURDAY

Lap Swim	9:00am-12:00pm	
Family Swim	12:00pm-4:30pm	
Swim Lessons	8:00am-5:00pm	

## SUNDAY

Lap Swim	9:00am-12:00pm	
Family Swim	12:00pm-4:30pm	
Swim Lessons	8:00am-5:00pm	

### Lap Swimming:

Available in lanes 3, 4, & 5. First come first serve.

### Swim Lessons:

Offered at all times except during Aqua Classes.

