



GYMNASTICS 2022



HealthSPORT

733 S. Fortuna Blvd. | (707) 682.6900



MONDAY

Basic (Ages 4-6)	4:15-5:00pm
Beginners (Ages 7+)	5:15-6:00pm
Beginners (Ages 7+)	6:15-7:00pm

FRIDAY

* Level 4/5	3:30-5:30pm
Basic (Ages 4-6)	5:30-6:15pm
Friday Fun Night	6:30-8:30pm

TUESDAY

* Super Hoppers	3:30-5:00pm
* Level 2/3	3:30-5:00pm
Beginners (Ages 7+)	4:15-5:00pm
* Advanced Tiny Hoppers	5:00-5:45pm
Ninja Beginner (Ages 6+)	5:15-6:00pm
* Intermediate/Advanced	5:45-7:00pm
* Ninja Advanced	6:15-7:00pm

SATURDAY

Parent/Child (Walking-3yrs)	9:15-9:45am
Tiny Hoppers (3.5-4yrs)	10:00-10:45am
* Level 2-5	11:00am-1:30pm

** These classes are by invitation only*

WEDNESDAY

Basic (Ages 4-6)	4:15-5:00pm
Beginners (Ages 7+)	5:15-6:00pm
* Level 4/5	5:00-7:00pm

THURSDAY

* Super Hoppers	3:30-5:00pm
* Level 2/3	3:30-5:00pm
* Advanced Tiny Hoppers	5:00-5:45pm
Ninja Beginner (Ages 6+)	5:15-6:00pm
* Intermediate/Advanced	5:45-7:00pm
* Ninja Advanced	6:15-7:00pm



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CLASS RATES

Name of Class	Description	# Classes / Week	Auto Pay Monthly	Manual Pay Monthly
Parent & Child	Structured classes for 2-3 year olds that require parent participation. Emphasis on introductory movements. Great opportunity for social interaction!	1 Day	\$50	\$60
		2 Days	\$75	\$85
Tiny Hoppers	For students transitioning out of Parent Child class. Emphasis on introductory movements and basic gymnastics skills. Ages 3.5- 4 years	1 Day	\$55	\$65
		2 Days	\$80	\$90
Basic & Beginners	Introduction to all events and basic skills of Gymnastics. Basic: Ages 4.5-6 Beginners: Ages 7-14	1 Day	\$60	\$70
		2 Days	\$85	\$95
		3 Days	\$110	\$120
Ninja Beginner & * Ninja Advanced	Gain the strength & agility of a ninja in these classes for boys & girls ages 6+. Fundamental gymnastics skills plus climbing, obstacle course training, and parkour inspired movements.	1 Day	\$60	\$70
		2 Days	\$85	\$95
* Advanced Tiny Hoppers	Focus on advanced gymnastics skills for younger students transitioning out of Basic class.	1 Day	\$60	\$70
		2 Days	\$85	\$95
* Super Hoppers	For students preparing for competitive L2. Floor, beam, uneven bars, & vault.	1 Day	\$80	\$90
		2 Days	\$110	\$120
* Intermediate	Focus on more advanced gymnastics skills for students transitioning out of Beginners.	1 Day	\$70	\$80
		2 Days	\$95	\$105
* Advanced	Focus on advanced gymnastics skills for younger students transitioning out of Intermediate class. Non-competitive.	1 Day	\$80	\$90
		2 Days	\$110	\$120
* Level 2	Focus on Level 2 Competitive routines.	3 Days	\$150	\$160
* Level 3	Focus on Level 3 Competitive routines.	3 Days	\$180	\$190
* Level 4-5	Focus on Level 4 Competitive routines.	4 Days	\$240	\$250

Multiple Child Discount Available, Ask Instructor for more information. * By invitation only

ADDITIONAL OFFERS & RATES

Name of Offer	Description	Pricing Options
Private Lessons	1-on-1 training session designed to meet your child's individual needs.	Ask for Pricing & Availability
Enhancement Fee	Annual fee to help us provide you with the best Gymnastics experience possible.	\$35/year
Friday Fun Night	Games, obstacle courses, and free play for ages 5-12. Every Friday Night from 6:30-8:30pm.	\$15/youth Register Online
Birthday Parties	Private birthday parties for your little one. Includes private rental of studio & a party facilitator.	\$150 Ask for availability