



## MONDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

## TUESDAY

Lap Swim	5:00am-2:00pm
Family Swim	2:00pm-8:30pm

## WEDNESDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

## THURSDAY

Lap Swim	5:00am-2:00pm
Family Swim	2:00pm-8:30pm

## FRIDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

## SATURDAY

Lap Swim	9:00am-12:00pm
Family Swim	12:00pm-4:30pm

## SUNDAY

Lap Swim	9:00am-12:00pm
Family Swim	12:00pm-4:30pm

### Lap Swimming:

Available in Lanes 3, 4, & 5. First come first serve.

### Water Walking:

Available in Lanes 1 & 2.

Recommended maximum of 6 water walkers at a time.

### Swim Lessons:

Offered at all times except during Aqua Classes.

