



MONDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

TUESDAY

Lap Swim	5:00am-2:00pm
Family Swim	2:00pm-8:30pm

WEDNESDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

THURSDAY

Lap Swim	5:00am-2:00pm
Family Swim	2:00pm-8:30pm

FRIDAY

Lap Swim	5:00am-8:50am
Aqua Conditioning	9:00am-9:45am Casse
Lap Swim	10:00am-2:00pm
Family Swim	2:00pm-8:30pm

SATURDAY

Lap Swim	9:00am-12:00pm
Family Swim	12:00pm-4:30pm

SUNDAY

Lap Swim	9:00am-12:00pm
Family Swim	12:00pm-4:30pm

Lap Swimming:

Available in Lanes 3, 4, & 5. First come first serve. Limit 1 per lane.

Water Walking:

Available in Lanes 1 & 2. Mask not required. Recommended maximum of 6 water walkers at a time.

Aqua Classes:

Masks not required.

Swim Lessons:

Offered at all times except during Aqua Classes.

