

# FORTUNA GROUP CLASSES

Winter 2022

Club Hours

Mon-Fri: 5:00am-9:00pm

Sat: 6:00am-6:00pm

Sun: Closed

## MONDAY

HS50 Training (\$)	5:45am-6:30am	Beth
HS50 Training (\$)	9:00am-9:50am	Amanda
HS50 Training (\$)	3:30pm-4:20pm	Kristen
HS50 Training (\$)	5:00-5:50pm	Kristen
Pilates Bootcamp (\$) <i>Jan. 24 - Mar. 16</i>	6:00-6:50pm	Bekah

## TUESDAY

HSPCycle (\$)	5:45am-6:30am	Beth
HS50 Training (\$)	9:00am-9:50am	Amanda
HS50 Training (\$)	3:30pm-4:20pm	Kristen
HS50 Training (\$)	5:00-5:50pm	Kristen
HS50 Training (\$)	6:15-7:05pm	Kristen

## WEDNESDAY

HS50 Training (\$)	5:45am-6:30am	Beth
HS50 Training (\$)	9:00am-9:50am	Amanda
Everyday Strength	10:30am-11:15am	Amanda
HS50 Training (\$)	3:30pm-4:20pm	Kristen
HSPMobility (\$)	4:30-4:55pm	Kristen
HS50 Training (\$)	5:00-5:50pm	Kristen
Pilates Bootcamp (\$) <i>Jan. 24 - Mar. 16</i>	6:00-6:50pm	Bekah

## THURSDAY

HSPCycle (\$)	5:45am-6:30am	Beth
HS50 Training (\$)	9:00am-9:50am	Kristen
HS50 Training (\$)	3:30pm-4:20pm	Kristen
HS50 Training (\$)	5:00-5:50pm	Kristen
HS50 Training (\$)	6:15-7:05pm	Kristen

## FRIDAY

HS50 Training (\$)	9:00am-9:50am	Kristen
HS50 Training (\$)	3:30pm-4:20pm	Kristen
HS50 Training (\$)	5:00-5:50pm	Kristen

## SATURDAY & SUNDAY

Visit [www.ClubWEB.live](http://www.ClubWEB.live)

HealthSPORT

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