



GYMNASTICS 2019



HealthSPORT

733 S. Fortuna Blvd. | (707) 682.6900



MONDAY

Jungle Gym	10:00am-12:00pm
Tiny Hoppers	3:30-4:25pm
Basic	3:30-4:25pm
Beg/Int	4:30-5:25pm
Ninja Gymnastics	5:30-6:25pm
*Level 4+	5:30-7:30pm
*Advanced	6:30-7:55pm

TUESDAY

Jungle Gym	8:45am-12:00pm
*Super Hoppers	3:30-4:55pm
*Pre-Team / Level 2	3:30-5:25pm
*Team Level 3+	5:00-7:30pm
Tumbling - WAITLIST	7:30-8:30pm

WEDNESDAY

Jungle Gym	8:45am-12:00pm
Parent Child	2:30-3:15pm
Tiny Hoppers	3:30-4:25pm
Basic	3:30-4:25pm
Beg/Int	4:30-5:25pm
Ninja Gymnastics	5:30-6:25pm
Basic	5:30-6:25pm
*Advanced	6:30-7:55pm

THURSDAY

Jungle Gym	8:45am-12:00pm
*Super Hoppers	3:30-4:55pm
*Pre-Team / Level 2	3:30-5:30pm
*Team Level 3+	5:00-7:30pm
Tumbling - WAITLIST	7:30-8:30pm

FRIDAY

Jungle Gym	10:00am-12:00pm
Tiny Hoppers	3:30-4:25pm
Basic	3:30-4:25pm
Beg/Int	4:30-5:25pm
Friday Fun Night	6:00-8:55pm (For Ages 4-12)

SATURDAY

*Team Level 2	9am-11:00am
*Team Level 3+	9am-12:50pm
Birthday Parties	1:00-3:00pm (Call to Schedule)
Birthday Parties	4:00-6:00pm (Call to Schedule)
Birthday Parties	7:00-9:00pm (Call to Schedule)

SUNDAY

Birthday Parties	1:00-3:00pm (Call to Schedule)
Birthday Parties	4:00-6:00pm (Call to Schedule)
Birthday Parties	7:00-9:00pm (Call to Schedule)

* By Invitation Only



HealthSPORT Gymnastics

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Hours

Mon-Fri 8:45am-12:00pm

Mon-Fri 3:30pm-8:00pm

Jungle Gym Hours

Mon-Fri 10:00am - 12:00pm

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CLASS RATES

Name of Class	Description	# Classes / Week	Auto Pay Monthly	Manual Pay Monthly
Parent & Child	Structured class for 2-3 year olds that requires parent participation. Emphasis on introductory movements. Great opportunity for social interaction!	1 Day	\$45	\$55
		2 Days	\$70	\$80
Tiny Hoppers, Basic, Ninja, & Beg/Int	Variety of classes focused on basic skills. Tiny Hoppers: Ages 3-4. Basic: Ages 4-6. Beg/Int: Ages 7-14. Ninja Gymnastics: Ages 6-14.	1 Day	\$55	\$65
		2 Days	\$80	\$90
		3 Days	\$105	\$115
Tumbling	Specialized Class focused on tumbling & floor work. Great for cheerleaders! Ages 6+	1 Day	\$54	\$64
		2 Days	\$89	\$99
*Super Hoppers	For students preparing for competitive L2. Floor, beam, uneven bars, & vault.	1 Day	\$65	\$75
		2 Days	\$100	\$110
*Advanced	Focus on advanced gymnastics skills for students transitioning out of Beginners. Non- competitive.	1 Day	\$65	\$75
		2 Days	\$100	\$110
*Pre-Team	Prepares students to move to competitive Level 2.	2 Days	\$110	\$120
*Level 2	Focus on Level 2 competitive routines.	3 Days	\$145	\$155
*Level 3	Focus on Level 3 competitive routines.	3 Days	\$175	\$185
*Level 4	Focus on Level 4 competitive routines.	4 Days	\$235	\$245

Multiple Child Discount Available, Ask an Instructor for More Information

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ADDITIONAL OFFERS & RATES

Name of Offer	Description	Pricing Options
Jungle Gym	A morning of open exploration, exercise, & socialization for your little ones 18 months-8 years.	Unlimited: \$89 EFT, \$99 Manual Drop In: \$12 Member, \$15 Community
Friday Fun Night	Come play with us from 6:00pm-8:55pm. Games, obstacle courses, & free time for ages 4-12.	\$12 Member \$15 Community
Private Lessons	1-on-1 training session designed to meet your child's individual needs.	Ask for Pricing & Availability
Birthday Parties	Two hours of fun & games led by experienced instructors. Face painting available as add-on. We help with set up and clean up!	Ask for Pricing & Availability
Enhancement Fee	Annual fee to help us provide you with the best Gymnastics experience possible.	\$35/year



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