

# EUREKA POOL

December 2018



## Club Hours

Mon-Fri 5:00am - 10:00pm

Sat-Sun 7:00am - 8:00pm

HealthSPORT.com

## Kids Korner Hours

Mon-Sat: 8:30am-12:00pm

Mon-Thurs: 4:30pm-6:30pm

## MONDAY

Lap Swim	5:00-8:50am	
aqua ZUMBA	9:00-9:50am	Marla
Lap Swim	10:00am-11:50am	
Aqua Balance	12:00-12:50pm	Casse
Lap Swim	1:00-3:00pm	
Family Swim	3:00-8:00pm	
Lap Swim	8:00-9:30pm	

## TUESDAY

Lap Swim	5:00-8:50am	
Aqua Conditioning	9:00-9:50am	Jeremiah
Lap Swim	10:00-3:00pm	
Family Swim	3:00-5:15pm	
Aqua Skills & Drills	5:30-6:20pm	Jacquie
Lap Swim	6:30-9:30pm	

## WEDNESDAY

Lap Swim	5:00-8:50am	
aqua ZUMBA	9:00-9:50am	Marla
Lap Swim	10:00-3:00pm	
Family Swim	3:00-8:00pm	
Lap Swim	8:00-9:30pm	

## THURSDAY

Lap Swim	5:00-8:50am	
Aqua Conditioning	9:00-9:50am	Jeremiah
Lap Swim	10:00-12:00pm	
Aqua Balance	12:00-12:50pm	Casse
Lap Swim	1:00-3:00pm	
Family Swim	3:00-5:15pm	
Aqua Skills & Drills	5:30-6:20pm	Jacquie
Lap Swim	6:30-9:30pm	

## FRIDAY

Lap Swim	5:00-8:50am	
aqua ZUMBA	9:00-9:50am	Marla
Lap Swim	10:00-3:00pm	
Family Swim	3:00-8:00pm	
Lap Swim	8:00-9:30pm	

## SATURDAY

Lap Swim	7:00am-12:00pm	
Family Swim	12:00-5:00pm	
Lap Swim	5:00-7:30pm	

## SUNDAY

Lap Swim	7:00am-12:00pm	
Family Swim	12:00-5:00pm	
Lap Swim	5:00-7:30pm	

# HealthSPORT

3441 Pennsylvania Ave • (707) 443.3488



# EUREKA SWIM LESSONS (\$)

December 2018

## Club Hours

Mon-Fri 5:00am - 10:00pm  
Sat-Sun 7:00am - 8:00pm  
HealthSPORT.com

## Kids Korner Hours

Mon-Sat: 8:30am-12:00pm  
Mon-Thurs: 4:30pm-6:30pm

## MONDAY

Stroke Development	4:00-4:30pm
Learn to Swim	4:30-5:00pm
Stroke Development	5:00-6:00pm

## TUESDAY

Tiny Swimmers	3:30-4:00pm
Intro to Strokes	4:00-4:30pm

## WEDNESDAY

Tiny Swimmers	4:00-4:30pm
Learn to Swim	4:30-5:00pm
Stroke Development	5:00-5:30pm
Intro to Strokes	5:30-6:00pm

## THURSDAY

No Group Lessons
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## FRIDAY

Tiny Swimmers	4:00-4:30pm
Learn to Swim	4:30-5:00pm
Stroke Development	5:00-5:30pm

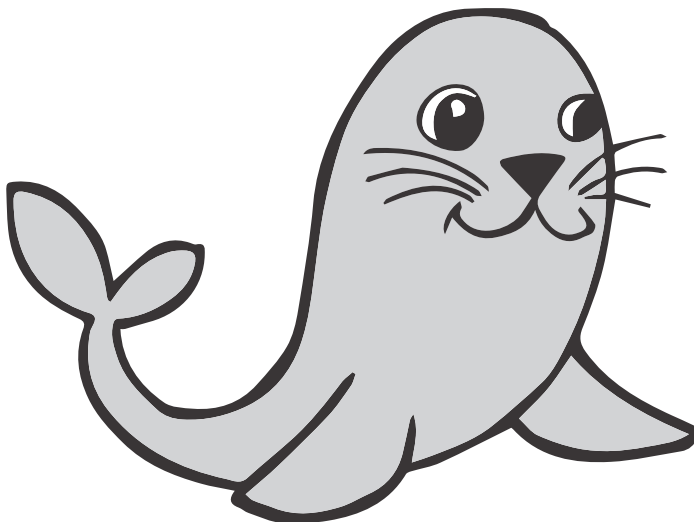
## SATURDAY

Tiny Swimmers	2:00-2:30pm
Learn to Swim	2:30-3:00pm
Intro to Strokes	3:00-3:30pm

## SUNDAY

Tiny Swimmers	2:00-2:30pm
Learn to Swim	2:30-3:00pm
Stroke Development	3:00-3:30pm

*\* Private Lessons are available. Call or visit the service desk to schedule.*



HealthSPORT  
**seals**  
Swim Club & Lessons

3441 Pennsylvania Ave • (707) 443.3488

