FORTUNA FITNESS SCHEDULE

November 2026

HealthSPORT

CLUB FACILITY 24/7 Access **STAFFED** Mon-Fri: 9am-9pm and Sat/Sun: 9am-2pm

GROUPX STUDIO (Upstairs)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6:00-6:50pm Zumba Jasmine		**6:00-6:50pm** Zumba Jasmine			

SESSION DESCRIPTIONS

Zumba:
This exhilarating dance workout combines Latin rhythms with cardio moves, creating a fun and high-energy atmosphere that will boost your mood, and improve your coordination and stamina so you feel uplifted, energized, and full of positivity. Get ready to dance your way to fitness!

***Space is limited. Reservations recommended.**

HealthSPORT
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